

# 770AT ARC TRAINER

## TOTAL BODY CROSS TRAINER

A commercial high-end cross trainer with the patented Arc Trainer design that gives fast fitness results. Train for strength, power and weight loss on one machine. The Cybex 770AT Arc Trainer® offers broad incline and resistance ranges to do the work of three machines in one. At the lower incline levels, the “glide” is a cross-country skier. In the mid-range levels, the motion is a “stride” (like an elliptical except with proper positioning). At the high levels, it’s the “climb” of a stepper or climber. Research shows that the Cybex Arc Trainer burns more calories than any other cross trainer or elliptical tested.

## USER-FRIENDLY TECHNOLOGY

The innovative Muscle Map™ of the standard LED display gives users the power to visually target individual muscle groups and take full advantage of the near limitless settings. The CardioTouch™ touchscreen display offers a single command center for every exercise workout and entertainment control. Your members can easily set up a workout, charge an iPod® or iPhone®, scroll through playlists, albums, artists, podcasts, and more. Optional technology features include the embedded MYE wireless audio receiver and the E3 View high definition monitor which offers three viewing modes on a 15.6” embedded display.

## SPECIFICATIONS

Made for  
iPod iPhone

Product Name	770AT
Dimensions (L x W x H)	76" x 37" x 62.5" (193 cm x 94 cm x 159 cm)
Resistance Range	Up to 900 Watts
Incline Levels	21
Stride Length	24" (61 cm)
Max User Weight	400 lbs. (182 kg)
Power	Self powered, E3 View available in standard AC voltages, optional AC adaptor for full time display
Display	4.3" Touchscreen for workout and entertainment setup and control; Graphic display of profile via 8 x 15 LED matrix; Numeric display of time, distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level
Workouts	Quick Start (Manual Mode), three Weight Loss, two Cardio; two Shaping and three Strength. Workouts have Time and Calorie Goals, and Heart Rate Control. Quick Start is selectable as Arc Trainer, Adaptive Power or Constant Power
Entertainment Options	MYE wireless audio receiver; E3 View embedded HD monitor
Made for iPod® Works with iPhone®	iPod/iPhone integration with 30-pin connector. Users can easily charge an iPod or iPhone, listen to music, switch tracks, and control volume
Heart Rate Monitoring	Contact Grips and Wireless
Connectivity	CSAFE (Fitlinx® Level 1)
Compliance	ETL listed to UL1647, ASTM, EN 957, and CSA; FCC Class B; CE Low Voltage, EMC and RoHS Directives
Color	Available in five standard frame colors or a virtually unlimited variety of custom colors with gray enclosures



CYBEX PRODUCTS ARE DESIGNED AND BUILT IN THE USA

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\*Made for iPod,\* and \*Made for iPhone\* means that an electronic accessory has been designed to connect specifically to iPod, or iPhone respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPod, or iPhone may affect wireless performance. iPhone, iPod nano, and iPod touch are trademarks of Apple Inc., registered in the U.S. and other countries. Compatibility list of the iPod and iPhone models includes iPod touch (2nd generation), iPod touch (1st generation), iPod nano (5th generation), iPod nano (4th generation), iPod nano (3rd generation), iPhone 3GS, iPhone 3G, iPhone 4, and iPhone.